



**Annual Report
2007-2008**

Mission Statement

Northland Family Help Center provides safe haven, advocacy, and education for people living in unhealthy and violent relationships.

Vision Statement

We envision a community where all people live in safety, where all forms of violence have been eradicated, and where healthy families and individuals serve as the foundation of a vibrant and productive community.

Board of Directors

Kim Kalas, President; Bob Hart, Vice President; M. Brady Brogni, Treasurer; Linda Chan and Kim Ott, Secretary. Members: Jim Lonning, Ana Strohman, Josh Allen, Dean Shaddy, Dan Musselman, Debbie Grogan, Beth Soucie

Board of Directors meets the first Wednesday of every month, at noon at H.A.L.O. House
Executive Committee meets the last Thursday of every month, at noon at H.A.L.O. House

Leadership Team

Sonja Burkhalter, Executive Director; Connie Cordain, Clinical Director; Nancy Lochmann, Human Resources Director; Patricia Pease, Finance Coordinator; Amber Beutel and Jack Wilkinson, Children's Shelter Manager; Chelsea Lambdin and Phyllis Sweet, Women's Shelter Manager



Volunteers

Volunteers from the community provide administrative support, perform outreach activities, maintain the shelters, and assist with fundraising. Local service groups paint, landscape, and cook holiday meals for shelter residents.

Last year, approximately 20 high school students participated in the P.E.A.C.E. Project, presenting theatrical productions to audiences in northern Arizona communities. It's an innovative approach combining theatre and prevention education to inform students, professionals and community members about rape prevention and healthy relationships.

Pictured: Flagstaff Leadership Program Class of 2008. The group volunteered several weekends to bring color into the shelters.

Northland Family Help Center

A Brief Organizational Summary

Organizational History – Northland Family Help Center (NFHC) represents a 1991 merger of two non-profit organizations that were both incorporated in 1978: Northland Crisis Nursery and the Center Against Domestic Violence. Northland Family Help Center has a distinguished 30-year history of providing shelter, counseling, advocacy, and community education to reduce the incidence of all forms of family violence. The Arizona Daily Sun honored NFHC as the 1994 Organization of the Year.

Northland Family Help Center's, H.A.L.O. House (Haven for Advocacy and Learning Opportunities) - a 38-bed emergency shelter, opened in July 1999. H.A.L.O. House was designed to shelter women and children within a safe and secure environment. Shelter services include counseling, case management, resource referral, personal growth and skill development workshops, and legal advocacy.

Services – Northland Family Help Center is now in its 30th year of providing support services and shelter. This past year, 137 women with 93 children were admitted into our Women's Shelter while our Children's Shelter housed 87 children and youth. Our 24-hour Crisis Line received 1,653 calls for crisis intervention, advocacy, support, safety planning, and shelter intake. Last year, our Community Education program presented to over 2,000 students, professionals and community members in northern Arizona with multi-session workshops on rape prevention related topics.

Funding – Northland Family depends upon a wide variety of funding sources, including the Arizona Department of Economic Security (CPIP, CPS, ACJC, AzFSLE, SSBG), the Arizona Department of Health Services (ADHS), the U.S. Department of Health and Human Services (HHS), the Navajo Nation, AzDPS-VOCA, and Open Inn. On a local level, we receive funds from City of Flagstaff, United Way of Northern Arizona, and Flagstaff Cultural Partners, to name a few. Funding agencies conduct site visits and require regular financial and program reporting. We are indebted to contributions and support from individuals, businesses, and service organizations for all their support.

Programs/Services

Women's Shelter – assisted and supported women escaping domestic violence and abuse and helped women reclaim control of their lives. The Women's Shelter is a 24-bed secure facility where women and their children receive shelter and services for up to 120 days. Services include crisis intervention, life skills, advocacy and case management for housing, employment and legal/law enforcement issues. Residents receive counseling and education designed to help them better understand the Cycle of Violence.

Children's Shelter – provided shelter for children and youth up to age 18 years old who were runaways, homeless, in crisis, or in need of respite. The 12-bed facility houses boys and girls in separate wings. Services include crisis intervention, case management, counseling, personal development and life skills. The Children's Shelter collaborates with Child Protective Services, Open Inn - Alternatives Center for Family Based Services, Juvenile Probation and the regional behavioral health authority.

Counseling Services – provided short and long-term counseling for survivors of abuse and assault. Counseling is available to people of all ages. It can be provided in individual, family or group sessions. Therapy sessions are free of charge and are available to both shelter clients and to community members who are victims of crime.

Legal Advocacy – our Legal Advocate provided assistance to survivors of domestic violence in obtaining legal services such as document preparation and orders of protection. The Legal Advocate also assists clients through court accompaniment, advocacy and social services and government assistance referrals.

Community Education – dedicated to decreasing the incidence of all forms of sexual and relationship violence by providing a variety of curriculums on violence prevention. Specific offerings include Date & Acquaintance Rape Prevention, Dangerous Relationships, Creating Healthy Relationships, Sexual Harassment, Safe Dates, School Bullying Education and P.E.A.C.E. Project (Prevention Education and Creative Expression).

Special Moments 2007

July

- ❖ Information packets regarding NFHC and the new NARBHA contract were sent to 18 mental health clinics in northern Arizona. We wanted to ensure all the clinics know the Children's Shelter provides respite and long-term care for youth. Various recipients called expressing appreciation for the packet and their new awareness of our services.
- ❖ The Women's Shelter housed a terminally ill client for two months, while her children stayed in the CS. With the help of the Case Manager and WS staff, the client was successful in finding housing and moving out by the end of July. NFHC staff worked very diligently and collaboratively to help this family.

August

- ❖ In the summer of 2007, Micheal Woods donated his beloved Nissan truck to NFHC. The truck was a great help to the facility and is used CONSTANTLY!

September

- ❖ Amber Beutel met with several Probation Officers at the Detention facility to start forming relationships. Having strong relationships helped facilitate the transition to having JPO youth in the facility.
- ❖ Denise Henderson started as Children's Counselor.

October

- ❖ Throughout the entire month of October, various businesses hosted the Clothesline Project, in an effort to raise awareness about Domestic Violence.
- ❖ The WS participated in the CCRT's Annual Domestic Violence Awareness Walk and Vigil. This event drew many from the Mountain Community to commemorate DV awareness month. The PEACE project, Barb White, Pam Turner and Veronica Brogni all received awards for their efforts in raising DV awareness.
- ❖ A few members from the WS staff attended the Domestic Violence Vigil hosted in the southwest region of the Navajo Nation. This gave the staff opportunity to collaborate and share our experiences as DV advocates.
- ❖ The WS began receiving funding from the Navajo Nation Grant in October. With this money, the WS was able to create a new Full-Time position so that the WS could be double-staffed the majority of the day.



Raising Our Awareness

November

- ❖ Garret Motes, Eagle Scout, collected 200 care packages and 4 large boxes of diapers and toilet paper for NFHC. Garret was featured in the Daily Sun for completing this community service project.
- ❖ Munds Park Community Church donated an entire Thanksgiving Dinner for both shelters as well as a \$250 check for any added goods we might need for the Holidays. We all appreciated the kindness shown around the holidays.

December

- ❖ We had a youth "age out of the system" in December. During the client's last 2 months in the CS, the youth worked on obtaining a GED, received counseling, enrolled in the ACA "Independent Living" program, and improved social skills. This youth also participated in a forum where systems youth talk about their experience and how the system can improve. The staff at NFHC was able to help this youth make positive decisions to assist with the transition to independent living.
- ❖ Counselor Robin Craig arranged a two day training on Somatic Experiencing, the trauma treatment she has been studying. NFHC and Victim witness staff attended this presentation by Twig Wheeler and had a very informative and positive experience.
- ❖ We received numerous, very generous donations for the holiday season. Some highlights were Harkins movie tickets, gift cards, Mary Kay make up, sweat shirts, a CD Discman, and clothes. Because of the generosity of various individuals and agencies, the women and children were able to open numerous presents on Christmas Day. We want to thank all of those who helped make another Holiday season at Northland possible.

Special Moments 2008

January

- ❖ The NFHC Annual Board Retreat occurred on January 11. Members of the Board and Leadership Team came together to discuss agency challenges, goals, and objectives for the upcoming year as well as financial information. This was a very informative and productive day. Richard Davis, departing Legal Advocate, was honored for his 8 years of service at NFHC.
- ❖ Brandon Rawls attended the national Runaway and Homeless Youth Conference in Washington, D.C. As the Children's Shelter Outreach Specialist, Brandon was a positive representative for our agency.
- ❖ Jack Wilkinson was hired into the Children's Shelter Manager Trainee role in January. Jack had been with the CS for six months and showed great dedication toward the youth and toward improving his performance. He made a great addition to the Leadership Team.

February

- ❖ Construction for the remodel of H.A.L.O. House started. The remodel included new offices and a new color scheme for the facility. The added office space allowed all NFHC operations to be located in one place for the first time in 30 years!
- ❖ On February 12-13, Sonja Burkhalter and Myra Ferrell participated in the annual "V-Day" hosted by the Arizona Coalition Against Domestic Violence. We advocated for support for the Governor's budget on behalf of the northern Arizona region.
- ❖ On February 21, in collaboration with the women and gender studies department, we brought Byron Hurt to Flagstaff. 372 people filled the seats to listen to Byron talk about Hip- Hop music and its relationships with societal forces, the general population, and men's violence against women. The CS was also able to participate in this event.

March

- ❖ About eight staff members attended the Annual Child Abuse Prevention kick-of Luncheon, hosted by the Coconino Coalition for Children & Youth.

April

- ❖ April was Child Abuse Prevention and Sexual Assault Awareness Month. NFHC was again active in the many events held throughout the month, as we continue to embrace our role as a community leader in raising awareness about child abuse and sexual violence prevention.
- ❖ The Clothesline Project and Youthfest both occurred on April 25. They went fantastically with the help of many volunteers from staff, members of the Board of Directors, and volunteers from other agencies. There was a large turnout with around 2,000 people attending The Clothesline Project and over 2,300 people attending Youthfest. A special treat was a Pow Wow group from Tuba City that came to perform native songs and dances. The high school band Hot Little Hands also rocked Heritage Square with their amazing sound.
- ❖ On April 14, Myra Ferrell went with Sonja Burkhalter to the annual Victims Crime week luncheon at the capital. There, Myra and Sonja met with Senator Hale and were introduced on the senate floor.
- ❖ We said good-bye to Connie Cordain, Clinical Director. She will be missed by all those that she touched at NFHC.

May

- ❖ WS staff members Altoveda Tso and Melody Delmar attended the Sacred Circle 2008 Women are Sacred Conference in Phoenix. Topics included new developments in policy, the role of men, accountability and education of men who batter, system responses, and countless more.

June

- ❖ Denise Henderson, Children's Shelter Counselor, and Jack Wilkinson, Children's Shelter Manager, with the help of numerous staff members and clients started a gardening program for the kids for the summer. The garden produced squash, pumpkins, cucumbers, a variety of tomatoes, herbs, and flowers throughout the season.
- ❖ NFHC was awarded another 3 year grant from the US Dept. of Health and Human Services to provide services to runaway and homeless youth, with a \$40,000 increase from our previous award!



Financial Summary

Statement of Financial Position (Audited)

June 30, 2008

Assets:

Current assets:		
Cash and cash equivalents	604,009	
Short term investments	394,000	
Grants and contracts receivable	106,428	
Other receivables	132	
Prepaid expenses	21,883	
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Total Current Assets		1,126,452
Long-term Investments		415,208
Property and equipment, net of accumulated depreciation		1,249,431
Other Assets Deposits		5,094

Total Assets

2,796,185

Liabilities and Net Assets:

Current liabilities:		
Accounts payable	20,581	
Salaries and benefits payable	50,311	
Capital lease payable-current	2,566	
Miscellaneous current liabilities	14,441	
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Total Current Liabilities		87,899
Long-Term Liabilities Capital lease payable		2,687

Total Liabilities

90,586

Net Assets:

Unrestricted net assets	2,251,514	
Temporarily restricted net assets	50,522	
Permanently restricted net assets	403,563	
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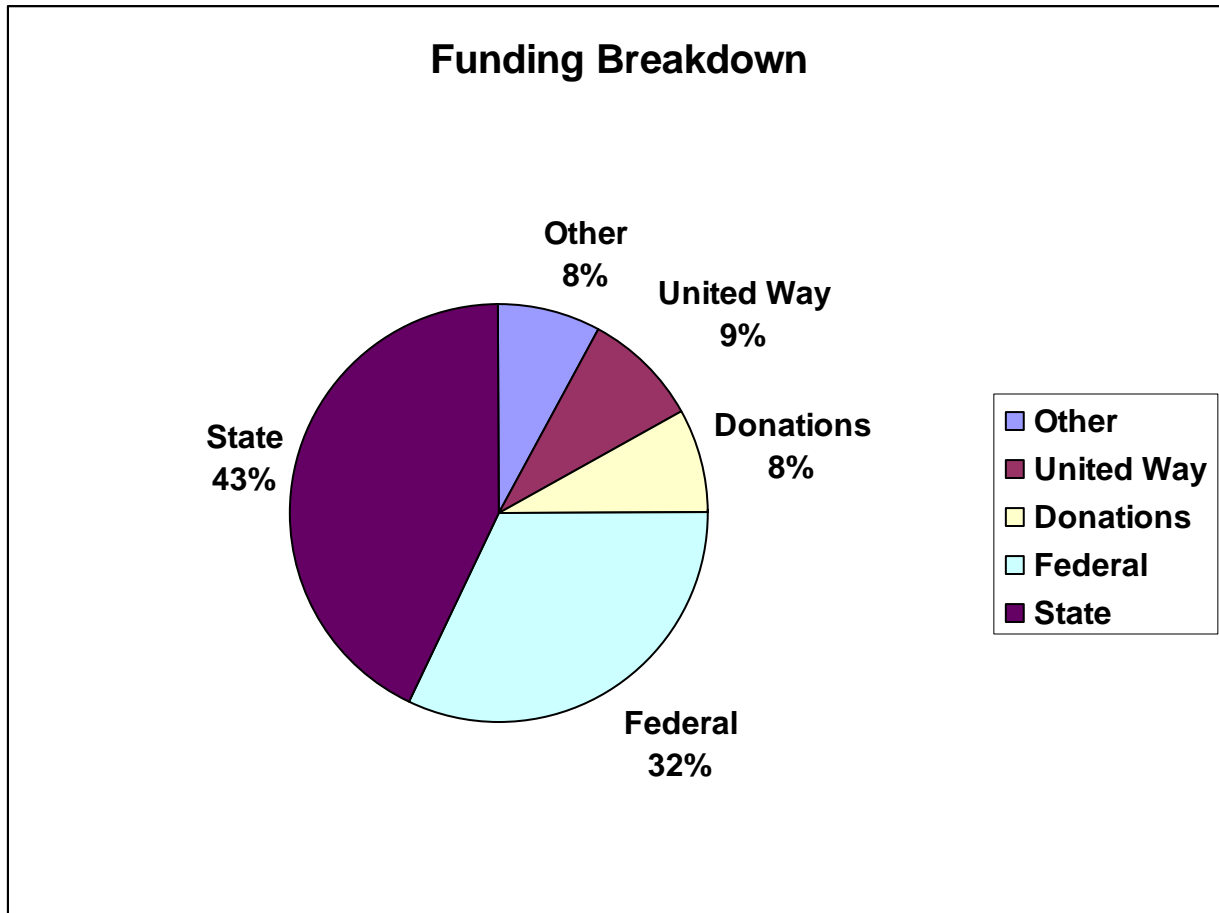
Total Net Assets

2,705,599

Total Liabilities and Net Assets

2,796,185

Fast Facts



Staff Allocations (2007 – 2008)	
Administration	4
Community Education	2
Counseling	3
Legal Advocate	1
Women’s Shelter	9
Children’s Shelter	10
Total	28

Client Ethnicity (2007-2008)	
African American	4%
Caucasian	48%
Latino	14%
Native American	25%
Other/Unknown	9%
Total	100%

Average Length of Shelter Stay (2007-2008)		
	Women’s Shelter	Children’s Shelter
Mean	33	22
Range	1 – 140	1 – 207
Capacity	95%	44%