



**Annual Report**  
**2006-2007**

## Mission Statement

**Northland Family Help Center provides safe haven, advocacy, and education for people living in unhealthy and violent relationships.**

## Vision Statement

**We envision a community to where all people live in safety, where all forms of violence have been eradicated, and where healthy families and individuals serve as the foundation of vibrant and productive community.**

## Board of Directors

**Kim Kalas**, President; **Bob Hart**, Vice President; **Brady Brogni**, Treasurer; **Jim Lonning**, Secretary. Members: **Ana Strohman**, **Casey Simpson**, **Steve Horton**, **Dean Shaddy**, **Josh Allen**, **Kim Ott**, **Michelle Parker**, **Linda Stern**

**Board of Directors** meets the first Wednesday of every month, at noon at H.A.L.O. House.  
Executive Committee meets the last Thursday of every month, at noon at H.A.L.O. House

## Leadership Team

**Sonja Burkhalter**, Executive Director; **Connie Cordain**, Clinical Director; **Beverly Wilson**, Finance Director; **Clara Davis**, Children's Shelter Manager; **Katie Proctor**, Women's Shelter Manager; **Nancy Lochmann**, Human Resources Director

### **Volunteers**

Volunteers from the community provide administrative support, perform outreach activities, maintain the Shelter, and assist with fund raising. Local service groups paint, landscape, and cook holiday meals for Shelter residents.

Last year approximately 25 high school students participated in the P.E.A.C.E. Project, presenting theatrical productions to audiences in northern Arizona communities. It's an innovative approach combining theatre and prevention education to inform students, professionals and community members about rape prevention and healthy relationships.

## **Northland Family Help Center**

### ***A Brief Organizational Summary***

**Organizational History** – Northland Family Help Center (NFHC) represents a 1991 merger of two non-profit organizations that were both incorporated in 1978: Northland Crisis Nursery and the Center Against Domestic Violence. Northland Family Help Center has a distinguished 29-year history of providing shelter, counseling, advocacy, and community education to reduce the incidence of all forms of family violence. The Arizona Daily Sun honored NFHC as the 1994 Organization of the Year.

Northland Family Help Center's, H.A.L.O. House (Haven for Advocacy and Learning Opportunities) - a 38-bed emergency shelter, opened in July 1999. H.A.L.O. House was designed to shelter women and children within a safe and secure environment. Shelter services include counseling, case management, resource referral, personal growth and skill development workshops, and legal advocacy.

**Services** - Northland Family Help Center is now in its 29<sup>th</sup> year of providing support services and shelter. This past year approximately 143 women with 131 children were admitted into our Women's Shelter while our Children's Shelter housed 85 children and youth. Our 24-hour Crisis Line received 1,763 calls for crisis intervention, advocacy, support, safety planning, and shelter intake. Last year our Community Education program presented to over 1,216 students, professionals and community members in northern Arizona with multi-session workshops on rape prevention related topics.

**Funding** - Northland Family depends upon a wide variety of funding sources, including Arizona Department of Economic Security (DES [CSA, CPS, ACJC, AzBar, SSBG]), Arizona Department of Health Services (ADHS), and U.S. Department of Health and Human Services (HHS). On a local level we receive funds from City of Flagstaff, United Way of Northern Arizona, Flagstaff Cultural Partners, to name a few. Funding agencies conduct site visits and require regular financial and program reporting. We are indebted to contributions and support from individuals, businesses, and service organizations for all their support.

## Programs/Services

**Women's Shelter** – provides shelter to women who have experienced domestic abuse. Women are able to reclaim control of their lives. Our Women's Shelter is a 24-bed secure facility where women and their children receive shelter and services for up to 120 days. Services include crisis intervention, life skills, advocacy and case management, employment, and legal/law enforcement issues. Residents are given the opportunity to receive counseling, as well as education to help them better understand the Cycle of Violence.

**Children's Shelter** - provides shelter for children up to age 18 years old who are runaway, homeless, in crisis, or in need of respite. Our 14-bed facility shelters both boys and girls. Services include crisis intervention, case management, personal development groups and life skills instruction. Every child is given the opportunity to receive counseling. Children's Shelter staff works closely with Child Protective Services, The Alternatives Center, Flagstaff Unified School District, and The Guidance Center.

**Counseling** - provides short and long-term counseling for survivors of abuse and assault. Counseling is available to people of all ages. It can be provided in individual, family or group sessions. Therapy sessions are free of charge and are available to both shelter clients and to community members who are victims. The counseling department also offers the services of a lay-legal advocate.

**Community Education** – provides community education on topics related to rape prevention for the purpose of decreasing the incidence of all forms of sexual and relationship violence. Sample topics include: Date & Acquaintance Rape Prevention, Dangerous Relationships, Creating Healthy Relationships, Sexual Harassment, and Safe Dates. Through a partnership with Theatrikos Theatre Company, NFHC community educators created and continue to lead the local youth theatre troupe called the P.E.A.C.E. Project – (Prevention Education and Creative Expression). The MARS Project is a new initiative developed by our community educators, which targets the NAU student community and associated adults.

**Legal Advocacy** – provides assistance to survivors of Domestic Violence in obtaining legal services such as document preparation, filing for divorce and child custody disputes. In addition, this service encompasses assistance with obtaining *Orders of Protection* and *Injunctions Against Harassment*, as well as court accompaniment, advocacy, and social service agencies and government assistance referrals.

# Special Moments 2006

## July

- In the Women's Shelter: A client was successfully employed, enrolled her child in school and transitioned herself and her family into Sharon Manor. This client exclaimed as she left, "I've never had a nice home and Sharon Manor is the nicest place I have ever lived in my whole life."

## August

- The *Choose Respect Initiative* started in Flagstaff as a 10 hour training focused on positive relationship skills in the spirit of preventing dating violence. During the training many local businesses donated food and resources to show support of Northland Family Help Center. The choose respect initiative was featured in the Daily Sun and on Channel 2 news. The children who officially became "respect warriors" were shuttled to Phoenix to see a WNBA basketball game. Prior to the game, we ate at the Hard Rock Café. The youth enthusiastically participated in a tobacco focus group, as they had a lot of opinions about tobacco prevention advertising. Everyone got to sit in box seats with wait staff and limitless soda refills! One young man said he felt like a royal! The group was seen on ESPN 2! The clients who attended seemed to greatly enjoy the event as none of the clients had eaten at the Hard Rock Café or attended a professional basketball game. After the game, the children received autographs from the players.

## September

- Depot (Team Depot) and Coconino Community College's International Honors Society (Phi Theta Kappa) came on Sunday the 24<sup>th</sup> and "renovated" our backyard. The yards are free of weeds and we now have a sandbox and raised flower bed! Thank you to Home Depot (Team Depot) and CCC Phi Theta Kappa volunteers!

## October

- ❖ NFHC staff coordinated DV Awareness month efforts with partner agencies in Coordinated Community Response Team, making one of the most successful awareness months yet. Thanks to all the NFHC employees and volunteers who attended the walk/vigil on October 25<sup>th</sup>.
- ❖ The Clothesline Project was held on October 20<sup>th</sup> in Heritage Square. Many volunteers from NFHC and Sharon Manor were present. New t-shirts made by the women in the women's shelter and at Sharon Manor were hung on the line. A new section of the clothesline held children's posters created by both the Children's Shelter and the Women's shelter depicting "healthy relationships". The Project reached well over 800 people! This was an agency-wide supported event!
- ❖ NFHC was a Site Project for this year's Make A Difference Day. We had about 13 volunteers on site who painted/stained/weather-treated several more sections of our wood fence. This was an energetic group who got a lot accomplished in a short amount of time. We now have only the external side of the fence to treat.



## November

- ❖ NFHC received numerous calls from Flagstaff residents, organizations and businesses eager to make donations this holiday season. Among the many donations, the Shelters received several turkeys for Thanksgiving. Our shelters also received donations of clothes and toys.
- ❖ Doreen Nichols, Training Coordinator with AZ Coalition Against Domestic Violence facilitated a training on November 8<sup>th</sup> about "Economic Advocacy and the effect of Domestic Violence on Children" at the United Way. The training was well attended by both NFHC staff and other community organizations.
- ❖ A former shelter client/current legal advocacy client thought fast on her feet, and brought her abusive partner to the HH property, in order to get police involvement in a safe setting. The officers served the OOP (Order Of Protection) paperwork to the abuser in our parking lot, and the client maintained her security. Good job to all staff who helped this woman recognize danger, and also to recognize safety options.

## December

- Thank you to all of our very generous donors this holiday season including Shawn Henson with Munds Park Community Church and Qwest; Shoes and Such; North Country Community Health Center; NAU Human Resources Dept.; Flagstaff International Women's Cooking group; Ms. Peterson's 3<sup>rd</sup> grade class at Knowles Elementary School and many others who remain anonymous. Your generosity is greatly appreciated.
- Harkin's Theatre coordinated a 3 week long clothing and backpack drive for NFHC. The drive items included: socks, underwear, gently used clothes, backpacks and other items.

# Special Moments 2007

## January

- ❖ Board of Director's Annual Board Retreat, also attended by NFHC with Leadership Team, was held at the Weatherford Hotel.

## February

- ❖ NFHC was represented at the National Network for Youth's Annual Youth Symposium Conference in Washington, DC. The conference provided numerous opportunities for networking on a national level and education. Clara attended conferences and roundtable discussions on youth aging out of the foster care system, working with undocumented youth, supervising outreach workers and how to utilize the arts as a vehicle to assist youth in speaking out for change.
- ❖ NFHC was represented at the "Stop Violence Against Women Day" rally in Phoenix. This was a statewide event facilitated by Az Coalition Against Domestic Violence. The day was spent representing the Flagstaff area, re-connecting with Phx. based pertinent persons, and networking representatives from other DV agencies.

## March

- ❖ On Friday, March 30, Beth Tucker, Extension Agent for Coconino County Cooperative Extension hosted a "Facilitation 101" training for Women's Shelter staff. This training will give staff a "bag of tricks" to utilize when communicating and facilitating educational groups.
- ❖ Received notification from Wells Fargo that we will receive a \$10,000 grant for operating expenses.
- ❖ March 1<sup>st</sup>: CDBG grant was submitted for \$93,000 for remodeling of HALO House to improve service and consolidate all operations on-site.

## April

- ❖ The April presentation of Clothesline Project, in recognition of Child Abuse Awareness and Sexual Assault Awareness Month, reached over 450 people, showing it was a great success.
- ❖ Other events hosted or supported by Northland Family Help Center:
  - Statewide presentation of Clothesline Project, displayed in State Capitol
  - Film Screening: NO!!!
  - RIOTfest at the Orpheum, which included a PEACE Project performance
  - Film Screening: Tough Guise, by Jackson Katz
  - TAKE BACK THE NIGHT!!!! (community march)
  - The PEACE Project goes to Williams
  - Denim Day: Student Union~ come see the survivor quilt and Panel Discussion surrounding issues of sexual violence:
  - JACKSON KATZ comes to NAU with a PEACE Project opening performance
  - First Annual Youthfest, at Heritage Square, celebrating our community's children and youth

## May

- ❖ NFHC awarded funds through the Community Development Block Grant by a resolution of the Flagstaff City Council to remodel HALO House.
- ❖ Youthfest attracted a few job applicants. During a recent interview, when the question, "Why do you want to work for Northland Family Help Center?" was asked, the prospective employee responded, "Well, I went to Youthfest and it was great. I want to work for an organization involved in the community."
- ❖ The children at the shelter received a variety of treats when the Brogni's came on a sunny Saturday to put on a barbecue. Veronica made delicious chicken and steak, while Brady and Brennan played basketball and other games with the children. Nikki gave everyone facials and manicures. After the Brognis left, the clients shared how "awesome" the family was and how they wished they had families like the Brognis. A big Thank You to the Brogni family for putting on the barbecue and acting as great family role models.
- ❖ One of our long term clients at the shelter received a full scholarship to attend a Native American based river trip. The trip, a 7 day adventure on the San Juan, was lead by certified guides and a well known local artist taught art classes each day.

## June

- ❖ We hosted the agency's 1<sup>st</sup> annual summer picnic at Bushmaster Park.
- ❖ The Women's Shelter provided safe haven to a terminally ill client and the Children's Shelter housed her two teenage children. The client and her children worked with the Case Manager and Legal Advocate to assist them in any needs they had during this difficult time. All staff were extremely understanding and compassionate in their interactions with this wonderful family. Our team has truly risen to the occasion to provide thoughtful, compassionate care for those involved.

# Financial Summary

## Statement of financial position (Audited)

### ASSETS

|   |                    |
|---|--------------------|
| Cash and cash equivalents                               | \$741,082          |
| Short term Investments                                  | \$289,761          |
| Grants and contracts receivable                         | \$87,139           |
| Other receivables                                       | \$2,016            |
| Prepaid expenses  | \$10,896           |
| <i>Total Current Assets</i>                             | <i>\$1,130,894</i> |
| Long-term investments                                   | \$322,117          |
| Property and equipment, net of accumulated depreciation | \$1,194,967        |
| Other Assets Deposits                                   | \$8,249            |
| <i>Total Assets</i>                                     | <i>\$2,656,227</i> |

### LIABILITIES

|                               |                 |
|-------------------------------|-----------------|
| Accounts Payable              | \$12,980        |
| Salaries and benefits payable | \$35,808        |
| Capital lease payable-current | \$9,823         |
| Miscellaneous Liabilities     | \$9,651         |
| Long-Term Liabilities         | \$3,768         |
| <i>Total Liabilities</i>      | <i>\$72,030</i> |

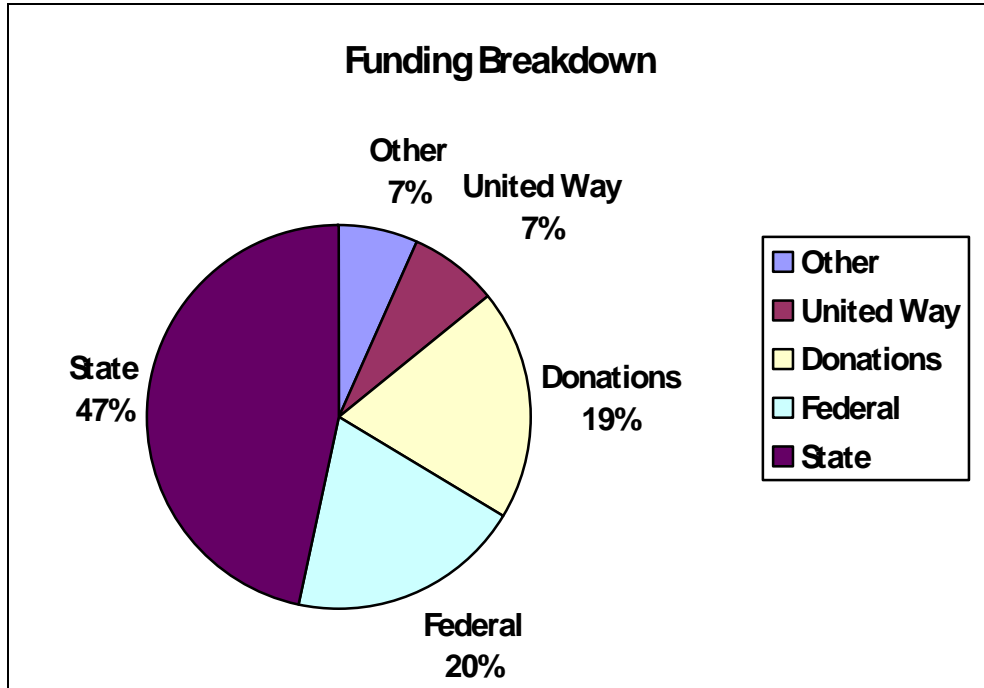
### NET ASSETS

|                                   |                    |
|-----------------------------------|--------------------|
| Unrestricted                      | \$2,221,825        |
| Temporarily Restricted net assets | \$83,977           |
| Permanently restricted net assets | \$278,395          |
| <i>Total Net Assets</i>           | <i>\$2,584,197</i> |

**TOTAL LIABILITIES AND NET ASSETS**

**\$2,656,227**

# Fast Facts



| <b>Staff Allocations (2006 – 2007)</b> |           |
|--|-----------|
| Administration                         | 7         |
| Community Education                    | 2         |
| H.A.L.O. House                         | 2         |
| Counseling                             | 4         |
| Women's Shelter                        | 12        |
| Children's Shelter                     | 12        |
| <b>Total</b>                           | <b>39</b> |

| <b>Client Ethnicity (2006 – 2007)</b> |               |
|---------------------------------------|---------------|
| Background                            | Percentage    |
| Caucasian                             | 45%           |
| Latino                                | 10%           |
| Native American                       | 35%           |
| African American                      | 5%            |
| Other/Unknown                         | 5%            |
| <b>Total</b>                          | <b>100.0%</b> |

| <b>Average Length of Shelter Stay (2006-2007)</b> |                 |                    |
|---|-----------------|--------------------|
|   | Women's Shelter | Children's Shelter |
| Ave. # of Days                                    | 27              | 20                 |
| Number of Bed Nights                              | 7,397           | 1,678              |
| Utilization                                       | 84%             | 38%                |